



# What to wear for a chest X-ray



We don't prepare examination gowns.

Please wear a T-shirt. (tank top, or long sleeve shirt is also OK.)

male; plain T-shirt  
female; plain T-shirt or tank top. Remove a bra or a camisole with metal or plastic.

Plain T-shirt  
(Any color is OK.)

underwear without metal, plastic or thick pad

T-shirt with print, embroidery decoraton, logo, pockets, or buttons.

underwre with metal or plastic

Remove poultrices or necklaces.

Bunch up long hair with a hair elastic or a hair clip.